

In addition to one-on-one support to students and families, SchoolsPlus staff will provide and/or collaborate with partners to offer the following at Hants East Rural High (HERH), Riverside Education Centre (REC), and Maple Ridge, Shubenacadie, Elmsdale and Enfield elementary schools:

February 2018				
Monday	Tuesday	Wednesday	Thursday	Friday
			<p><b>1 (no school @ HERH)</b></p> <p>Options 2 Anger @ Maple Ridge, 1:00-1:45 for registered students</p>	<p><b>2 Friends for Life @ Shubie Group 2, 12:35 – 1:35 for registered students</b></p>
<p><b>5 Board Games @ HERH, lunch time drop in</b></p>	<p><b>6 Zones Room @ Enfield, 8:30-10:30</b></p> <p>Friends for Life @ Shubie Group 1, 10:45-11:45 for registered students</p> <p>CMHA Outreach Worker @ HERH, drop in 9-12</p> <p>GSA @ REC, drop in 12:15-12:55</p>	<p><b>7 Friends for Life @ Elmsdale, 10:20-11:20 for registered students</b></p> <p>Support to Youth Links @ REC, 2:30-4:00</p>	<p><b>8 GSA @ HERH lunch time, drop in</b></p> <p>Options 2 Anger @ Maple Ridge, 1:00-1:45 for registered students</p>	<p><b>9 Friends for Life @ Shubie Group 2, 12:35 – 1:35 for registered students</b></p>
<p><b>12 Board Games @ HERH, lunch time drop in</b></p>	<p><b>13 Zones Room @ Enfield 8:30-10:30</b></p> <p>Friends for Life @ Shubie Group 1, 10:45-11:45 for registered students</p> <p>CMHA Youth Outreach Worker @ HERH, drop in 9-12</p> <p>GSA @ REC, drop in 12:15-12:55</p>	<p><b>14 Friends for Life @ Elmsdale, 10:20-11:20 for registered students</b></p> <p>Support to Youth Links @ REC, 2:30-4:00</p>	<p><b>15 GSA @ HERH lunch time, drop in</b></p> <p>Options 2 Anger @ Maple Ridge, 1:00-1:45 for registered students (last session)</p>	<p><b>16 Friends for Life @ Shubie Group 2, 12:35 – 1:35 for registered students</b></p>
<p><b>19</b></p> <p>Heritage Day (no school for all students)</p>	<p><b>20 Zones Room @ Enfield 8:30-10:30</b></p> <p>Friends for Life @ Shubie Group 1, 10:45-11:45 for registered students</p> <p>CMHA Youth Outreach Worker @ HERH, drop in 9-12</p> <p>GSA @ REC, drop in 12:15-12:55</p>	<p><b>21 Friends for Life @ Elmsdale, 10:20-11:20 for registered students</b></p> <p>Support to Youth Links @ REC, 2:30-4:00</p>	<p><b>22 SchoolsPlus Advisory Committee Meeting @ REC 9:30-11:30 for members</b></p> <p>GSA @ HERH lunch time, drop in</p> <p>Parent Info Session on Youth Employment @ REC, 6:00 Guest Speaker: Rui Referra, Nova Scotia Works Centre</p>	<p><b>23 Friends for Life @ Shubie Group 2, 12:35 – 1:35 for registered students</b></p>
<p><b>26 Board Games @ HERH, lunch time drop in</b></p>	<p><b>27 Zones Room @ Enfield 8:30-10:30</b></p> <p>Friends for Life @ Shubie Group 1, 10:45-11:45 for registered students</p> <p>CMHA Youth Outreach Worker @ HERH, drop in 9-12</p> <p>GSA @ REC, drop in 12:15-12:55</p>	<p><b>28 Friends for Life @ Elmsdale, 10:20-11:20 for registered students</b></p> <p>Support to Youth Links @ REC, 2:30-4:00</p>	<p><b>Coming Soon!</b></p> <ul style="list-style-type: none"> <li>• Outdoor Survival Skills and Free Being Me @ REC</li> <li>• Food Prep @ Shubie (connected to Breakfast Program)</li> <li>• Emotional Fitness @ Enfield and Shubie</li> <li>• The Incredible Years group for parents of students aged 6-14 and pre-primary preparedness for parents</li> <li>• Parent Info Sessions – various topics</li> </ul>	

# East Hants SchoolsPlus

## What is SchoolsPlus, anyway?

- a collaborative interagency approach to serving the whole child and family
- schools are the centre of service
- our focus is to support referred students and families by linking them with services and resources that best meet their needs
- we currently serve students and families at Enfield, Elmsdale, Maple Ridge and Shubenacadie elementary schools; Riverside Education Centre, and Hants East Rural High
- Schools, parents, students, service providers... anyone can refer a student

## SchoolsPlus Team

Our team consists of Candace Norman, SchoolsPlus Facilitator, and Eric Eisener, Community Outreach Worker. We also have a Clinical Therapist as part of our team, Janah Fair, who provides service to students in schools. Janah is available via referral and appt.

### We can be found at:

Candace, SchoolsPlus Facilitator

Cell: 902-497-3048

Email: normanc@ccrsb.ca

Eric, Community Outreach Worker

Cell: 902-483-4107

Email: eisenered@ccrsb.ca

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Hants SchoolsPlus



## Our Community Rooms @ REC and HERH

Our 'hub' site is at Riverside Education Centre (REC) where we maintain one of our Community Rooms. This space is available for students and families to drop in to ask about service, just have a chat, doodle or draw, or even just hang out and play some board games.

We also have a space at Hants East Rural High (HERH), where students can hang out and visit with us or just chill if they need a quiet spot.

Our community partners are also welcome to use this space to meet with students and families. On Tuesday mornings, Jarret Doyle, a CMHA Youth Outreach Worker is at our space at HERH and is available to support students.

While our schedules sometimes change due to meetings, appointments with students and families, and unforeseen circumstances, usually we can be found in our Community Rooms according to the schedule below. ↓

Community Rooms Schedule					
	Monday	Tuesday	Wednesday	Thursday	Friday
REC	Candace 9:00-1:00	Candace 9:00-10:30	Candace 9:00-10:00	Eric 9:00-12:00 (sometimes)	Candace 9:00-12:00 and 2:00-4:00
HERH	Eric 8:30-3:30	Candace 12:00-4:00	Eric 8:30-12:00	Candace 9:00-4:00	Eric 12:00-3:30